**Mental Health Collaborative Workshops**

Facilitated by Mark Goddard & Simone Xouris

**Learning Objectives**

* Demonstrate a understanding of the impact of a Mental Health diagnosis
* Demonstrate the ability to generate a meaningful Mental Health Treatment Plan
* Demonstrate a understanding of MBS item numbers that will improve health outcomes of a person living with a mental health condition
* Demonstrate a understanding of the Stepped Care Approach to Mental Health Service delivery and how that impacts the patients locally
* Explore options for system change within your General Practice that will improve efficiencies around working with this patient group

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| **Topics covered** | **Click on the video links below** |
| What is Mental Health- Impacts of a Mental Health Diagnosis  Diagnosis | <https://vimeo.com/313943556/7530114494> |
| The Mental Health Cycle of Care- Improving health outcomes through maximising MBS revenue   * Mental Health MBS item numbers * Co-morbidity and Case conferencing * Patient registers | <https://vimeo.com/313944870/36e9d4d180> |
| What is a Mental Health Treatment Plan? What does a good plan look like?   * Patient involvement * Value of a good MHTP * MD approach to treatment planning | <https://vimeo.com/317870600/4b90b80cb9> |
| **Note: One video covers all three of the below listed topics** |  |
| Mental Health Stepped Care Approach-Implementing on a local level   * The right care at the right time * Integration of a team care approach | <https://vimeo.com/313939748/84d7c0bcd9> |
| Mental Health Care Coordination- Who does what?   * Referral Pathways * Accessing services * Compliance? |  |
| Continuous Quality Improvement through PDSA cycles- Improving efficiencies at a local level   * Where to from here? |  |